

People with Disabilities Safety Awareness Sessions and Workshops



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Purpose: To equip, empower and inspire participants with an awareness of practical safety strategies to maximise the safety and enhance their wellbeing of people with disabilities.

Duration: 1 – 3 hours (custom-made to meet client needs)

Target audience: Adults with disabilities*, carers, disability practitioners, family and friends of people with disabilities.
**Suitable for adults with physical and/or mild intellectual disabilities.*

Participant numbers: Up to 200 participants

Learning objectives: Awareness sessions are custom-made to meet client needs.

Optional topics include:

- Personal violence dynamics
- Fear of crime
- Personal safety essentials
- Dealing with confrontation
- Situational safety strategies
- Myths and facts about rape and sexual assault
- Consumer safety
- Developing a Personal Safety Plan.

Learning methods: Lecture-style presentation with visual aids. Participants will have the opportunity to ask questions.

Further information: Further information regarding this workshop can be accessed by visiting the [Member Login](#) section or by [contacting us](#).

People with Disabilities Safety Workshops

Purpose: To equip, empower and inspire participants with a range of preventative and responsive safety strategies and skills to maximise the safety and enhance their wellbeing of people with disabilities.

Duration: 1 day (approx. 8 hours including meal breaks)

Target audience: Adults with disabilities*, carers, disability practitioners, family and friends of people with disabilities.
**Suitable for adults with physical and/or mild intellectual disabilities.*

Participant numbers: 10 - 30 participants

Learning objectives: Workshops are custom-made to meet client needs.

Optional topics include:

- Personal violence dynamics
- Fear of crime
- Personal safety essentials
- Dealing with confrontation
- Situational safety strategies
- Myths and facts about rape and sexual assault
- Consumer safety
- Developing a Personal Safety Plan.

Learning methods:

Class and group activities, role-plays, brainstorming, discussion, demonstrations, practicing physical self defence techniques using strike pads and other interactive methods.

Further information:

Further information regarding this workshop can be accessed by visiting the [Member Login](#) section or by [contacting us](#).

[< Back to People with Disabilities Safety Services](#)